

# Tulane Psychiatry & Neurology

#### Vol. XIX number 2

#### Fall, 2008

#### President's Message

I live in the French Quarter and practice in an office at the rear of my house. We are slowly making it through another hurricane season. Two hurricanes (Gustav and Ike) and one evacuation have produced plenty of stress. The storms brought tree damage and much flooding in south Loui-



siana. I realize it is a bad sign when I sit glued to the Weather Channel. The worst of the hurricane season has passed and this week fall has brought cooler temperature and with it a lower storm risk. So, hopefully, the fears will diminish and the tourist will return to the Crescent City. Crowds in the Quarter are small and the restaurants only half-full, especially at lunch and during the week. Waiting lists are very long at local psychiatrists' offices. Services for the seriously mentally ill, although still inadequate, are slowing returning.

Tulane's presence at the APA All-Alumni Reception was underwritten by the Heath Society. This was held May 6, 2008 in Washington D.C at the APA annual meeting.

In June the Department of Psychiatry and Neurology held its annual graduation in which awards were given to outstanding residents. Several of the awards were gifts from our society. The Society also spent \$1,118 on pens for the Forensic Fellows. We stepped in when Tulane said it would not pay for them.

The Board also agreed to underwrite Jan Johnson's "New Orleans Drum and Community Health Fairs" by providing seed monies of \$500 a month for six months. The program is designed to put citizens in touch with mental health resources through a mobile van and health fairs. It will be located in the devastated 9th ward neighborhood and also targets the homeless people who are living under highway overpasses and on the streets of New Orleans. The program has a research component which will focus on reducing anxiety and rehabilitative activity following strokes.

Regarding our finances, I regret to report that donations have been lagging since the first quarter of 2008. We are well short of the \$5,000 we voted to give the department each year for the next four years. We have collected approximately \$3,000 this year.

#### Chairman's Column

The Department has made huge strides since January of this year and we have really "turned the corner" since then. My financial officer Jim Landry notes that we have been in the black throughout and that "the Empire will strike back!" Our psychiatry unit at Lakeside Hospital has opened with Mordecai Potash, MD, as medical director. This



provides another training site for us as well as some relief for the TUHC emergency room.

New faculty include: Philipp Sack MD, Mary Margaret Gleason MD, Arnold James PhD, Sheryl Martin-Schild MD, Andrew Morson MD, Gregory Redmann MD, Jeffrey Rouse MD, and Angela Traylor MD. July 1st saw a new crop of psychiatry and neurology residents as well as two new (child) psychology interns. Since we retained last year's interns, we also have two clinical psychology postdocs working with our Institute of Infant and Early Childhood Mental Health group.

Dick Dalton MD, Professor of Psychiatry and full-time faculty member, has been appointed to Medical Director of the Office of Mental Health. Craig Coenson MD, a Tulane alum and soon to be appointed clinical faculty member, will assume the Medical Directorship of Metropolitan Health Services District, effective September 15th. Susie Sonnier MPA, a former member of our full-time faculty who remains an active member of our clinical volunteer faculty, has been appointed Deputy Secretary for the LA Department of Social Services, effective September, 2008. Congratulations to all of you.

We have initiated a search for a new Chair of Neurology with the goal of splitting the Department. While this is not without controversy among faculty and alumni, most of us at the senior level feel that it is best for neurology that we undertake this process. Several candidates have been interviewed and some will be invited back for a second round. Further developments will be communicated in a timely manner.

Upcoming events sponsored by the Department of Psychiatry and Neurology include 2 CME programs. Gender Differences in Mental Health and Chronic Disease will be held November

## Editor's Note

I was hoping to announce that this issue was the first one since hurricane Katrina in which there is no mention of the storm. And, that is true. But



sadly this year we had hurricanes Gustav and Ike who hit the Gulf Coast and caused damage and trauma to the citizens of coastal Louisiana and Texas.

It was all too unpleasantly familiar to pack up our suitcases, pull out the insurance and financial files, board up the windows, fill up the gas tank and head out for the nearest motel with a vacancy, which in my case was Daphne, AL between Mobile and Pensacola. I was not very confident that my wife and I would be secure there but all spots within a  $\frac{1}{2}$ day's drive both west and north were filled. Vacancies were scarce as far north as Shreveport, LA and Jackson, MS. But Gustav went west of us though we did get some nasty weather on Labor Day which is when I celebrated my birthday-the second time in 4 years on the road. Though a nuisance for us in the southeastern part of the state, Gustav caused some major damage just to the west of us.

A few weeks later Ike made its unwanted welcome into the Gulf. Surprisingly it caused a lot of problems with high water in Louisiana even though it made landfall in Texas. Many homes that were not affected in Gustav had problems with Ike and some unlucky souls were affected by both.

I happen to work at a VA clinic in Reserve, LA which is about 40 miles west of New Orleans and see vets who come in from the various surrounding parishes, many of whom were affected by both hurricanes. Many of my patients suffer from combat PTSD and a good number of them had a re-intensification of their symptom with one or both of this year's storms. Others have had problems with severe anxiety and depression.

And despite the damage in Lafourche, Terrebonne, St. Mary, Iberia, Vermilion

#### The Robert Heath Society Alumni Association for Tulane Psychiatry & Neurology

P.O. Box 1338 Metairie, LA 70001

Douglas W. Greve, M.D. (P'66)	
Robert O. Begtrup, M.D., MMAS (P/CP'71) Vice President 1190 Otter Creek Rd., Nashville, TN 37220 615-370-8887 • rbegtrup@comcast.net	
Marilyn M. Skinner, M.D. (P'77)	
Janet E. Johnson, M.D	
Wallace K. Tomlinson	
Craig W. Maumus, M.D. (P'76) Newsletter Editor 1601 Perdido St., New Orleans, LA 70112	

and Cameron parishes and the devastation in Galveston and the massive power outages in Houston, follow up news concerning the aftermath and rebuilding in these areas has dropped off the national radar. There has been nothing like the extensive and prolonged coverage we received after Katrina. True, there was no standing water for weeks but there are still several hundred people unaccounted for, likely more who were transients or illegals in the area at the time of the storms. And there are undoubtedly thousands more whose lives have been dramatically impacted and who will be dealing with the sequellae of these

504-568-0811 • cmaumus@tulane.edu

storms for years to come. It will be interesting to see if some of the lessons learned in dealing with the survivors of Katrina will be successfully applied to the victims of Gustav and Ike.

Now with the cooler fall temperatures coming to our area, the threat of another big storm this season is diminishing. But the fallout from these two storms is a reminder that we along the Gulf Coast are always vulnerable to the forces of nature and the vagaries of fortune. I think it also makes us more aware of how precious our life in the Big Easy is and how suddenly it can all be taken away.

Craig W. Maumus, M.D.

#### James Brown, M.D. (1923-2008)

I have known Jim since beginning practice in 1961 when he was helpful in getting me started with staff appointments at DePaul and Baptist. Later I became more of a social friend with him and his wife, Carol, who with me and my wife, Carol, attended many out-of-town meetings together. These were principally with the Southern Psychiatric Association with which Jim and I were both active.

The memorable parts of our trips were those when we would register at hotels as Smith and Brown, with our Carols, only to stir furtive glances from Hotel clerks! Jim always carried cash and a considerable amount since he didn't seem to believe in plastic. He'd buy a wardrobe at the Homestead where prices were out of reach, but Jim said he preferred shopping in golf shops, although he had no interest in golf.

He was an excellent therapist but probably should have been a real estate developer or builder. He seemed to be able to sniff out deals and in the 70's explored the old International Trademart Building on Gravier that was demolished, but not before he procured huge cypress beams, among other materials, then carted them by truck to Columbia, MS, where he built a beautiful country home on the Pearl River. Later, upon retirement, he built an almost identical, but much larger home in Roswell, GA, his childhood home, among many family members. Again, some of these old New Orleans artifacts were used in the building. This house sits in an imposing promontory, with lake, gardens and forests around.

Jim died at his family home in Rossville, Georgia, where he had live among several brothers and other family, a desire he had expressed many years ago with me, in that he wanted to be back there with his forebears. He was noted to fix large family Saturday breakfasts with much of the produce locally grown from his farm.

Jim had a notable military background with the Navy in WWII and Korea, and then received psychoanalytic training at Tulane before beginning practice in the Baptist Hospital area of New Orleans. From 1956-1965 he was a Clinical Instructor and Associate Professor at Tulane. He developed a large hospital practice with a diverse population, often with adolescents.

Jim was always a loyal friend who was a good listener, but who revealed little of his inner self. But what was apparent was most adequate.

Submitted by Charles Rodney Smith, M.D.

#### Chairman, continued from page 1

13 through 15, 2008, at the Hotel Intercontinental in New Orleans. This conference will focus on evaluating and recognizing the importance of a gender perspective on disease while defining the interplay between chronic disease, depression, stress and substance abuse.

Brain and Behavior 2008: Early Trauma, Severe Stress and Brain Development will be held December 5 and 6, 2008, at the Westin Canal Place Hotel in New Orleans. This conference will feature presentations related to early brain development, gene environment interactions in early life, structural and functional brain imaging, biological aspects of early trauma, and attachment and caregiving.

For further information on these CME conferences sponsored by Tulane's Department of Psychiatry and Neurology, please go to www.psychneuro.tulane.edu. Registration brochures will be available shortly.

#### Willard Honored

Susan Willard MSW, Professor Emeritus, was presented with the 2008 Outstanding Clinician Award at the May meeting of the International Academy for Eating Disorders (AED) in Seattle, Washington. Judy Banker, the President of AED, commented at the time of the presentation that Susan has always shown "deep dedication to her work" and noted that Susan's program was featured in the award winning PBS production, "Dying to Be Thin" in 2000. Judy noted Susan's multiple publications to include two books, the most recent of which is When Dieting Becomes Dangerous, A Guide to Understanding and Treating Anorexia and Bulimia, published by Yale University Press.

In 2005, Susan also received the Lifetime Achievement Award from the National Eating Disorders Association. As



many of you more recent alums may know, Susan had a major teaching role with the Department for many years. Unfortunately she left town after Katrina, moving to Virginia with her husband, a pediatric hematology/oncology specialist.

Daniel K. Winstead, M.D.

## Answering the Nagging Question

When I began training in general psychiatry, I was immediately struck by the severity of the psychiatric disorders in my patients. I began to wonder, what might have happened to them if someone had intervened earlier, before things got this bad? After I began my training in Child and Adolescent Psychiatry, I was excited by the opportunity to intervene earlier. Working with children and adolescents afforded me an opportunity of seeing patients who were young and often resilient. Before long, however, the nagging question returned. I began to wonder, what might have happened if someone had intervened earlier? This led me to infant psychiatry, where I have happily spent more than 25 years. Now, in my everyday work, my colleagues and I are able to ask ourselves, what can we do by intervening now?

Seven years ago, because of the talents and interests of our faculty at Tulane, we created the Institute of Infant and Early Childhood Mental Health to coordinate and integrate our efforts in infant mental health. The Institute is dedicated to the discovery (research), dissemination (training), and application (policy) of knowledge to promote social and emotional competence in young children locally, regionally, nationally and internationally. Through many of these activities, Institute faculty also provide direct services to young children and their families.

In just 7 short years, with invaluable support from the Harris Foundation in Chicago, we have become the largest University based infant mental health group in the world, at least as far as we know. We have 16 members of our full-time faculty who spend the majority of their time in early childhood work. Gratifyingly, we are engaged in all aspects of infant mental health, from research to teaching and from service provision to policy making. Table 1 lists selected activities from our work in Louisiana. We also are involved in work in the national and international arenas.

Locally, we enjoy significant partnerships with the Department of Health and Hospitals, the Department of Social Services, the L.S.U.H.S.C. Department of Psychiatry, the Tulane University School of Social Work, the Tulane University School of Public Health, the Tulane University Department of Psychology, the L.S.U.H.S.C. School of Allied Health, and the Loyola Department of Psychology. Nationally, we have partnerships with the National Child Traumatic Stress Network and the Center for the Study of Violence Against Children at the University of Kentucky. Internationally, we have an active partnership with the School of Psychology and Educational Sciences at Bucharest University in Romania and also with the University of Padua in Italy.

All of these activities lead me back to the nagging question, "What will happen if we intervene earlier?" The first answer is, "Plenty!" The second answer, however, is, "There is much more that needs to be done." We welcome an opportunity to discuss our efforts with you in more detail. Please feel free to contact our Institute Director, Geoff Nagle, at gnagle@tulane.edu, or visit our website at www.infantinstitute.org.

Charles H. Zeanah, M.D. Sellars Polchow Professor of Psychiatry Vice Chair for Child and Adolescent Psychiatry Executive Director, Institute of Infant and Early Childhood Mental Health

#### **Gonzalez Award Winner**



Marilyn Skinner MD and Brad McConville MD (winner of Gonzalez Award)

Each year the Robert Heath Society gives a financial award to the resident with the best clinical paper. The award is named in honor of Remi Gonzalez, MD, a founding member and first president of our Heath Society. In fact, Remi initially financed the award himself until it was later taken over by the Society.

This year's winner is Brad McConville, MD whose paper is entitled "Psychosis or Cerebritis: A Clinical Dilemma." It is a case report and review of antibody-mediated neuronal injury in neuropsychiatric Lupus Erythematosus. Remi's widow and Heath Society secretary, Marilyn Skinner, MD, was on hand to present Dr. McConville with his award. Dr. McConville is a resident in the combined Internal Medicine/Psychiatry residency program.

## In Memoriam... Charles Steck, M.D. (1930-2008)

Charlie and I knew each other for fifty years, having been in the Tulane Psychiatry Department as trainees together. Our lives followed similar paths with having covered each other in practice for weekends and holidays.

Earlier we practiced together in the Burdon Smith Clinic where Charlie was more interested in biofeedback and hypnosis and he pursued other directions as we practiced apart. He had an interest in community health centers and worked in one, Integrated Health Care, until he suffered a stroke. He had earlier asked if I would function as a backup for him there, and I told him I would until I found that the work there was extremely arduous and I could not continue. It became obvious what a hard worker he was, always attentive and concerned about his patients. Hypnosis also became a practice for him and he conducted teaching sessions to impart his knowledge to interested parties.

He served in various capacities among them president of the Medical Staff of DePaul and the Baptist Hospital psychiatry section.

During the years 1990-2005 we were in adjacent buildings at DePaul and often had lunch together where he would describe his diverse interests. Charlie was well known around the medical corridors with his ubiquitous white linen suit and tie.

His son Charlie, Jr has been a saint in giving up a job in Phoenix to be with him and I have been in close contact with him during my visits with Charlie during his last days. Charlie, Jr. reminds me so of his father that it has been a pleasure to know him. Cassie, his daughter is a talented actress who teaches drama at Metairie Park Country Day School. John is a Neurosurgeon with the Cullichia group. The three of them gave a memorial service at Rayne Memorial Church that was a tribute from his remarkable family, a further testimony to Charlie's parenting.

Charlie, Sr. was a quiet unassuming individual who participated infrequently in medical organizations. Widowed for many years, he had the support of his three children but had limited social engagements, telling me that he just was content in his condo watching TV or reading, occasionally going to the New Orleans Country Club for lunch.

Although his speech and motor functions were limited from the stroke, his smile and pleasant demeanor showed through until the last.

Submitted by Charles Rodney Smith, M.D.



Graduating residents Drs. Jaime Huddleston and Amy Wilcox

## Credit where credit is due

Your editor would like to acknowledge that all the photographs in this issue were taken by Rock Roquenmore, Pamela Roquenmore's husband. (Pamela is the program coordinator for medical student education for the Department.) These are but a few of the photographs taken at the May graduation and the June Welcome Party. To see all the photos that Rock took, point your web browser to www.psychneuro.tulane.edu/Grad2008 and www.psychneuro.tulane.edu/Welcome 2008. While there, you can access society's website our at www.psychneuro.tulane.edu /HeathSociety where you can view and download previous issues of the Newsletter. Thanks to Arden "Denny" Nelson who is webmaster of the department's website for his help in posting the photos and managing our society's web presence.

## Save the Date

Reminder: Brain & Behavior Annual Conference with meeting of the Robert Heath Society, December 5, 6 and 7<sup>th</sup>.



Julie Larrieu, PhD, Professor and Director of Child Psychiatry Clinical Psychology Internship Program

## Mental Health Care Is Also Hurricane Victim

#### PRESIDENT (continued from page 1)

#### Reprinted from the May 1, 2008 posting of the New Wave, Tulane's online daily news feature.

Mental health issues top the list of ways Louisianans say the 2005 hurricanes affected the health of people in their communities, according to a new statewide survey. The findings were released on April 29 at a forum cosponsored by the Tulane School of Public Health and Tropical Medicine.

According to the poll, symptoms such as increased anxiety, stress and depression were cited more often than other factors, including property destruction or physical illness. A majority (58 percent) of Louisiana residents polled said there are not enough resources such as specialized health care and medicines in their community to treat people who need mental health services today, two and a half years after hurricanes Katrina and Rita. They also believe more can be done to support local and state health departments that are expected to prepare for and respond to health threats.

Louisianans surveyed, however, acknowledged the importance of a range of individuals and groups with helping to improve health conditions since the hurricanes, including hospitals (92 percent), volunteers (92 percent), healthcare professionals (91 percent), religious groups (90 percent) and the business community (88 percent).

Much progress has been made in restoring the psychiatric infrastructure in New Orleans after Katrina, according to panelists at the forum that was moderated by Dr. Corey Hebert, an assistant professor of pediatrics at the Tulane School of Medicine, chief medical director for WDSU-TV and medical director for the Louisiana Recovery School District.

Dr. Neil W. Boris, an assistant professor of child psychiatry at the Tulane School of Medicine, said, "Research into infants' mental health has lagged behind other areas, and catastrophic events like Katrina show the need for further investment in this and other areas of mental health research. In my work studying how traumatic experiences affect the ways infants bond with their mothers, we also see the impact on a child's later relationships."

On the positive side, the poll showed that many (69 percent) think those who survived the hurricanes have developed new skills for coping with disaster. A very special thanks to Melvin L. Selzer, M.D. of LaJolla, CA for his donation of \$5,000 in 2007. A membership renewal letter will be going out this fall. Please rejoin and consider a donation to help us meet our goal for this year. Our current checking account balance is \$53,089.48. We thank all of you who have contributed in the past.

Our vice president, Bob Begtrup, has suggested a plan to offer one year membership in the Heath Society free of charge to new graduates of the Department. He has generously pledged to help cover the cost. This will be on the agenda of our next meeting.

Our next Board meeting will be during the Brain & Behavior Conference, December 5-6, 2008. As you know the Heath Society underwrites this meeting. There will be a change in the Board composition at that time. Wally Tomlinson will become our Historian and Jan Johnson will assume Wally's old position as Treasurer pending ratification by the membership. We hope that many of you will put these dates on your calendar and join us in the Crescent City for this annual CME event.

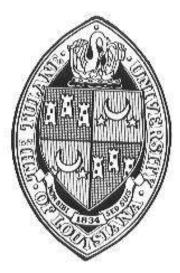
Doug Greve, M.D.

## Advancement Or Development: Fundraising Is Still The Name Of The Game!

Some time ago the Development Office at Tulane became the Office of Advancement. What's in a name? It's hard to tell, but fundraising is still the name of the game!

We recently received the good news that the Louisiana Board of Regents (BOR) matched the funds we raised for the Gonzalez Professorship in Child Psychiatry with \$40,000. Furthermore, the \$400,000 gift from James R. Doty MD for the Weisberg Professorship/Chair was matched by the BOR with \$160,000. Nevertheless, we have a long way to go to reach the endowment levels necessary to provide meaningful, ongoing support for faculty who might be selected for these positions. We are told that these are priority items for the Office of Advancement, but any help or support from you, our loyal alums, would be greatly appreciated.

Another way to support the department is through Tulane's Planned Giving Program. Donald Schexnayder MD, has recently pledged a portion of his assets to be utilized following his death to create an annual award to be given to a graduating resident remaining in Louisiana to practice psychiatry. This will be a great incentive to encourage the retention of residents and a way for us to help rebuild the State's psychiatric community. Special thanks to Don!



# In Memoriam... Robert George Ellis, M.D. (1954-2008)

Our colleague, Robby Ellis, passed away after a long struggle with pancreatic cancer on July 21, 2008. He will be very much missed by his wife Darcy, his brother George Ellis, M.D., his sister Joan Green, their families, and other kin as well as his friends, colleagues and patients.

Robby earned his medical degree at George Washington University in Washington, DC in 1981, completed an internship at Charity Hospital in 1982 and worked in primary care until 1989, after which he became a resident in Psychiatry at Tulane where he received the Robert C. Lancaster Prize as the "most caring Psychiatrist" among his graduating class. He was appointed to the Tulane faculty immediately thereafter, and assumed the positions of Associate Director of Medical Student Education and Co-Director of Mental Health Services at Charity Hospital.

He was an outstanding teacher of Psychiatry throughout his career, receiving the coveted "Owl Club Award" for teaching every year. In 1997, the American Psychiatric Association presented him with the "Nancy C.A.Roeske, M.D. Certificate of Recognition" as an educator. Robby also participated actively in organized medicine as a member of the LPMA, NOAPA, APA, the American Academy of Addiction Psychiatry, the American Academy of Geriatric Psychiatry, and the Southern Medical Association. All who knew Robby, whether family, friend, colleague, or patient, will share in mourning his loss, but will always remember too his gentle nature, his sense of humor and wit, as well as his outstanding contributions to his profession and to Tulane University, School of Medicine.

Edward Foulks, M.D., Ph.D. and Professor Emeritus of Psychiatry, Tulane University School of Medicine

# 2007-2008 Resident Awards

We would like to acknowledge the following trainees who have been recognized for their scholarly work in teaching, research, and writing.

NAME	AWARD	ASSOCIATION
Jamie Huddleston, MD	Leon A Weisberg Award given to resident contributing the most to medical student education in neurology	Tulane Dept of Psychiatry and Neurology
Amy Hudkins, MD	Lancaster Award given to psychiatry resident showing the most compassion toward patients Owl Club Award (combined T-3 & T-4 medical student teaching award)	Tulane Dept of Psychiatry and Neurology Tulane University School of Medicine
Brad McConville, MD	2008-2010 APA/Bristol Myers Squibb Fellowship in Public Psychiatry Medical Center of Louisiana-New Orleans (MCLNO) Resident of the Year Award Gonzalez Award for best publishable original paper written by a resident	American Psychiatric Association MCLNO Robert Heath Society
Andrew Morson, MD	Emory University Travel Award to attend symposium on the latest advances in psychiatry	Emory University
Jeffrey Rouse, MD	Welcome Back Award Bruno Lima Award for Excellence in Disaster Psychiatry 40 under 40 Upcoming Leaders in New Orleans	Eli Lilly Company American Psychiatric Association Gambit Weekly
Matthew Vibbert, MD	Trufant Award given to resident contributing most to residency program in neurology	Tulane Dept of Psychiatry and Neurology
Amy Wilcox, MD	Owl Club Award (Combined T-3 & T-4 medical student teaching award)	Tulane University School of Medicine

# 2007 - 2008 Faculty Awards

We would like to acknowledge the following faculty who have been recognized for their leadership and scholarly work in teaching, research, and writing.

FACULTY	AWARD	ASSOCIATION
Allison Boothe, PhD	Promotion to Assistant Professor of Psychiatry	Tulane University School of Medicine
Neil Boris, MD	Member, Editorial Board Consulting Editor Executive-at-Large, Board of Directors Member, Program Committee	Journal of the American Academy of Child and Adolescent Psychiatry Infant Mental Health Journal World Association of Infant Mental Health 2008 World Congress in Yokohama, Japan
Angela Breidenstine, PhD	Promotion to Assistant Professor of Psychiatry	Tulane University School of Medicine
Melanie Bronfin, JD	LA Pre-K Champion of the Year 1 <sup>st</sup> Vice President, Board of Directors Member, Board of Directors	National Organization of Pre-K Now to Pre-K Kingsley House New Orleans Early Childhood and Family Learning Foundation
	Member, Advisory Board	Agenda for Children
Monique Cola, PhD Asst Professor of Neurology Section of Neurology	Mentee Award Summer Travel Award	African American Mental Health Research Scientist Consortium (AAMHRS) Institute of Aging, Summer Institute on Aging Research
Richard Dalton, MD Professor of Psychiatry Section of Child and Adolescent Psychiatry	Medical Director Distinguished Fellow Clinical Director	Office of Mental Health, State of Louisiana American Psychiatric Association LSU Juvenile Justice Program
Stacy Drury, MD, PhD Asst Professor of Psychiatry Section of Child and Adolescent Psychiatry	Young Investigator Award Member, Work Group on Research Secretary-elect	NARSAD, National Institutes of Health American Academy of Child and Adolescent Psychiatry (AACAP) Association of Women in Psychiatry AACAP
	Member, Robinson Cunningham Award Selections Committee	
Mary Margaret Gleason, MD Asst Professor of Psychiatry Section of Child and Adolescent Psychiatry	Henrietta L Leonard Award for Excellence in Teaching Junior Scholar Travel Award Member, Board of Directors Member, Advisory Board Member, Task Force on Mental Health: Infancy-Early Childhood President	Brown University Dept of Psychiatry and Human Behavior 2008 American Association of Child and Adolescent Psychiatry Rhode Island Assoc for Infant Mental Health Rhode Island Dept of Health Successful Start American Academy of Pediatrics National Assoc of Pediatrics, Psychiatry, and Child and Adolescent Psychiatry Training Programs
Milton Harris, MD Clin Asst Prof of Psychiatry Section of Adult Psychiatry	Annual Irma Bland Award for Excellence in Teaching Residents	American Psychiatric Association
Jan Johnson, MD Assoc Professor of Psychiatry Section of Adult Psychiatry	Owl Club Award 3 <sup>rd</sup> & 4 <sup>th</sup> Year Award for Attending in Psychiatry	Tulane University School of Medicine
Angela Keyes, PhD	Promotion to Assistant Professor of Psychiatry	Tulane University School of Medicine
Julie Larrieu, PhD	Board Member Executive Board Member Promotion to Professor of Psychiatry	LA Children's Trust Fund LA Infant Mental Health Association Tulane University School of Medicine

Leslie Lawrence, MD Asst Professor of Psychiatry Section of Adult Psychiatry	Appointed Associate Director of Residency Training for Psychiatry	Department of Psychiatry and Neurology, Tulane University School of Medicine
Sheryl Martin-Schild, MD, PhD Clin Asst Professor Neurology Section of Neurology	Board Certification in Vascular Neurology	American Board of Psychiatry and Neurology
Gina Manguno-Mire, PhD Asst Professor of Psychiatry Section of Adult Psychiatry	Community-based Research Grant Award	Center for Public Service, Tulane University
Drew Morson, MD Asst Professor of Psychiatry Section of Adult Psychiatry	Appointed Associate Director of Medical Student Education for Psychiatry	Department of Psychiatry and Neurology, Tulane University School of Medicine
Geoffrey Nagle, PhD	LA Early Childhood Champion 2008 Member, Advisory Board Board Member Board Member	LA Association for the Education of Young Children Louisiana Governor's Children's Cabinet Louisiana Children's Museum Louisiana Partnership for Children and Families Louisiana KIDS COUNT
	Member, Data Advisory Board Promotion to Associate Professor of Psychiatry	Tulane University School of Medicine
Jeff Nicholl, MD Associate Professor of Neurology Section of Neurology	Owl Club Award 3 <sup>rd</sup> & 4 <sup>th</sup> Year Award for Attending in Neurology President	Tulane University School of Medicine
	Vice President Secretary	Epilepsy Foundation of Louisiana Epilepsy Foundation Physicians Advisory Board New Orleans Neurologic Society
Pat O'Neill, MD Associate Professor of Psychiatry Section of Adult Psychiatry	15 <sup>th</sup> Annual Nancy C.A. Roeske, M.D., Award for Excellence in Medical Student Education	American Psychiatric Association
Jose Pena, MD Professor of Psychiatry Section of Adult Psychiatry	Annual Irma Bland Award for Excellence in Teaching Residents	American Psychiatric Association
Mordecai Potash, MD Assoc Professor of Psychiatry Section of Adult Psychiatry	Diplomate Algiatrist Award	American Board of Pain Medicine jointly issued by the American Academy of Pain Medicine and American Board of Pain Medicine
A Ken Roy, MD Clin Asst Professor of Psychiatry Section of Adult Psychiatry	15 <sup>th</sup> Annual Nancy C.A. Roeske, MD, Award for Excellence in Medical Student Education	American Psychiatric Association
Michael Scheeringa, MD	Distinguished Fellow	American Psychiatric Association
Wallace Tomlinson, MD	Clarice Weinstein Award	History of Medicine Society
Susan Willard, MSW	Outstanding Clinician Award	National Eating Disorders Association
Daniel Winstead, MD	2 <sup>nd</sup> Vice President	American College of Psychiatrists (ACP) ACP
	Chair, Education Committee President-elect Elevated to Fellow President-elect	Southern Psychiatric Association Southern Psychiatric Association Louisiana Psychiatric Medical Association (LPMA) LPMA
	Chair, Constitution & By-Laws Committee Director Emeritus	American Board of Psychiatry and Neurology (ABPN) ABPN
	Liaison, American Board of Family Medicine Chair, Council on Quality Care	American Psychiatric Association (APA) APA
	Ex-Officio Member, APIRE Board of Directors Member, Advisory Board Member, Advisory Panel	VA South Central MIRECC US Psychiatry Current Psychiatry FOCUS, Lifelong Learning in Psychiatry, APPI Press
	Member, Advisory Panel Member, Editorial Board Member, Senior Advisory Board	rocos, Lijelong Learning in Psychiatry, APPI Press

Charley Zeanah, MD	Presidential Citation for	American Orthopsychiatric Association
•	Distinguished Research and	
	Leadership in Infant Mental	
	Health	Institute of Mental Hygiene
	Vice-President, Board of Directors	
	Director, Infant Mental Health	Jefferson Parish Human Services Authority
	Team	Fundatia Tulane, Bucharest, Romania
	Member, Board of Directors	Institute for Child Development Bucharest, Romania
	Member, Scientific Advisory	Universita di Padova, Padua, Italy
	Board	
	Official Research Reviewer	LA Office of Mental Health
	Member, Governing Body Early	
	Childhood Supports and Services	
	Member, DSM-V Work Group on	American Psychiatric Association
	Developmental Issues	
	Member, DSM-V Work Group on	
	Child and Adolescent Disorders	American Psychiatrist Association
	Member, International Advisory	·
	Editorial Board	
	Member, Editorial Board	Attachment and Human Development
		Journal of Developmental and Behavioral Pediatrics
	Consulting Editor	Infant Mental Health Journal
	Member, Editorial Board	Journal of Infant, Child and Adolescent Psychotherapy

## Louisiana Commits to New Academic Medical Center

Tulane University officials are hailing June's announcement of a revised plan for a new hospital in downtown New Orleans to serve the needs of the community, including the uninsured, while also enhancing the medical education, research and clinical programs of Tulane and Louisiana State University. Dr. Ben Sachs, senior vice president of Tulane and dean of the School of Medicine, said, "This is a major step forward in the healing of our city."

Sachs added, "Tulane supports the building of this state-of-the-art academic medical center, which will be a place to train the next generation of physicians and to provide high-quality care to the medically underserved."

Louisiana Gov. Bobby Jindal's administration on June 18 announced support for a reworked, \$1.2 billion plan to build a 424-bed teaching hospital that is designed to provide \$2.5 billion in economic stimulus for the Crescent City.

For generations Tulane and LSU medical students were trained at the Medical Center of Louisiana at New Orleans, formerly known as Charity Hospital. Tulane and LSU physicians also staffed the hospital, which was closed after Hurricane Katrina. Since then, students from both schools have been training at hospitals scattered throughout the greater New Orleans area while the Louisiana Department of Health and Hospitals sought input from Tulane and LSU on how to develop a final strategic plan for a new academic and research medical center.

#### Reprinted from the June 23, 2008 posting of the online publication New Wave. Article by Arthur Nead.

The new hospital will have 364 acute care beds and 60 beds dedicated to mental care, with built-in capacity for future expansion. The hospital will be state-of-the-art, incorporating the best and most advanced medical technologies, state officials said.

Together with other institutions planned for downtown New Orleans, including a new Veterans Affairs hospital, a cancer center and a bio-innovation center, this new hospital is intended to anchor a biosciences and medical district that will provide world-class medical treatment and an economic boost to the entire greater New Orleans area.

# Graduation 2008

Graduation for trainees in the Department of Psychiatry and Neurology was held on Friday evening, May 30, 2008, at the Plimsoll Club in New Orleans, Louisiana. There were ten graduates recognized.

Following is the information on our graduates:

NAME	FINISHING	FUTURE PLANS
Cynthia Fields, MD	Psychiatry Residency Training	2-yr Fellowship in Geriatric Psychiatry and Neuropsychiatry at Johns Hopkins University in Baltimore MD
Stephanie Gravois, MD	Child Psychiatry Fellowship	Relocated to Lafayette where she is currently enjoying life as a mom with new baby
Jaime Huddleston, MD	Neurology Residency Training	Private Practice in Raceland, LA
Amy Hudkins, MD	Psychiatry Residency Training	Relocated to Denver, CO where she intends to practice adult psychiatry
Manon Mashburn, MD	Psychiatry Residency Training	Fellowship in Psychosomatic Medicine – Pain Management & Patient Care at Beth Israel in New York NY
Andrew Morson, MD	Forensic Psychiatry Fellowship	Full-time faculty, Dept. of Psychiatry & Neurology, Tulane University School of Medicine
William Pearson, MD	Psychiatry Residency Training	Practice Adult Psychiatry in New Orleans LA
Jeffrey Rouse, MD	Forensic Psychiatry Fellowship	Full-time faculty, Dept of Psychiatry and Neurology, Tulane University School of Medicine
Matthew Vibbert, MD	Neurology Residency Training	Neurophysiology Fellowship at Columbia University in New York NY
Amy Wilcox	Neurology Residency Training	Headache Fellowship at Thomas Jefferson Medical College in Philadelphia PA

We are very proud of all of our graduates and wish them the best of luck in all of their new endeavors and welcome them into the family of the Robert Heath Society.



Elikah Feibelman and Drs. Philipp Sack, Morgan Feibelman and Jan Johnson





Bob Begtrup, MD – alumnus (psychiatry)/ Jan Johnson, MD – Director of Medical Student Education for psychiatry



*Amy Wilcox, MD – graduating neurology resident/ Sarala Palliyath, MD – clinical professor of psychiatry* 



Lee Metthews, PhD – clinical assistant professor of psychiatry/ Phil Griffin, PhD – clinical professor of psychiatry



Cindy Fields, MD and Manon Mashburn, MD – adult psychiatry Chief Residents



Jaime Huddleston, MD (recipient of Leon A. Weisberg, MD Award), Laurie Weisberg



Robert Lancaster, MD and Amy Hudkins, MD (recipient of Lancaster Award)

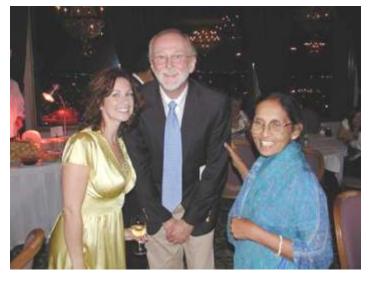
## Graduation 2008



Manon Mashburn, MD, Pat O'Neill, MD (Director Adult Psychiatry Residency Training Program), Amy Hudkins, MD, Cindy Fields, MD, William Pearson, MD, and Kate Howard (program coordinator for adult psychiatry residency training program).



Jeff Nicholl, MD (Associate Professor and Director of residency training and medical student education for neurology) and Matthew Vibbert, MD (Chief Resident in neurology (graduating))



Amy Wilcox, MD – graduating neurology resident/ Jeff Nicholl, MD – Associate Professor of Psychiatry & Neurology and Director of Residency Training for Neurology, and Director of Medical Student Education for Neurlogy/ Sarala Palliyath, MD – clinical professor of neurology



Philipp Sack, MD – assistant professor of psychiatry/ Maryellen Romero, PhD – assistant professor of psychiatry

# Alum News

Bryon Adinoff is the Chief of the Division on Addictions and Director of the Addiction Disorders Laboratory at the University of Texas-Southwestern. His work involves research with both the VA and the NIMH. Byron spends his spare time playing bass guitar in the department's rock 'n' roll band (Limbic Recoil) and is a docent at The Museum of Modern Art in Ft. Worth. His wife, Trish Holland, is now a well-published children's author of several Golden Books and the latest Leapfrog. His son, Zack, is a continuing senior at the University of Texas and his daughter, Holly, is a sophomore at University of Colorado in Boulder.

**George Davis** retired as clinical director of the Mississippi State Hospital in December 2006 and is "enjoying retirement at my home on the 17<sup>th</sup> fairway of Lakewood Golf Club at the Grand Hotel in Point Clear, AL."

**Mark Foreman**, emeritus professor, is special clinical consultant at the Department of Behavioral Health and Mental Retardation Services for the City of Philadelphia. His responsibilities include program development and quality review of the city's mental health services for 40,000 eligible, low income children and their families.

**Bob Franklin** remains in private practice in Taos, NM and functions regularly as an examiner for Part II of the Boards. **Don Gallant** lectures on substance abuse to the first and second year med students in Memphis and is preparing teaching modules for the third and fourth year students. He also supervises residents and is on the Admissions Committee. Don volunteers one day a week as a psychiatrist at the Church Health Center.

**Louis Gruber** is living in Lexington, SC where he looks back and reflects that "I've gone from the 'wonder years' to the 'golden years' in the blink of an eye." He notes he prefers the latter years which have been occupied with writing and studying Spanish.

**Evan Howell** says he had to retire in 2003 due to chronic pain from a "flat-back syndrome" and a "shoulder overuse syndrome." He has moved to Baton Rouge to be near his daughter and 3 grandkids. He notes the eldest, Alexandria, wants to be a neurosurgeon.

**Dick Johnson** has a practice in Zapopan, Mexico but found time to do a one month *locums* with Liberty Healthcare in Bastrop, LA.

**Ellis Muther** of New Bern, NC plans on retiring from his practice of neurology, neurorehabilitation and psychiatry in January but will continue to do locums work in neuropsychiatry. He is in Eureka, CA this summer and hopes to be able to return to NO more often in the future. Lillian Robinson continues to stay in touch with us from Seattle. She reports her health is generally good "but spinal stenosis and degenerative scoliosis make walking difficult." She is able to still get around with a walker and continues to make the annual meetings of the Guild of Episcopal Scholars in New York each November. She regularly takes in the cultural offerings in the Seattle area. Both her daughters who live in Washington State are Tulane Medical School graduate: Christine is an anesthesiologist and Julia, who also has a PhD in computer science, works in that field writing and editing software. Lillian has two grandkids, Dana and Naomi.

Wally Tomlinson has been active in his community since retiring from the Department. He recently stepped down after three years as president of the St. Charles Avenue Association and has been tapped as president of the board of his carnival organization. E received the Clarice Weinstein Memorial Award from the History of Medicine Society in March. He and **Pat Dowling** presented a paper in Mexico City in August on the effects of General Robert E. Lee's health at the pivotal battle of Gettysburg to the International Society of Medicine.

**Henry Watanabe** of Reno, NV has retired from active teaching at the School of Medicine, University of Nevada and is now emeritus professor of Child and Adolescent Psychiatry.



Staff members Linzi Conners, Karly Hunter and Justin Adams



Drs. Anne McConville and Brad McConville and son

## Scenes from the annual Welcome Party held at Dan Winstead's house this past June













The Robert Heath Society Alumni Association for P.O. Box 1338 Metairie, LA 70001 Metairie, LA 70001

Fall, 2008